2:Man G-5 (1869-1880)1932 AZ2 Andamans AZ2

141 5. The old statement, so often repeated, that their stature never exceeds 5 feet, must also be noticed, as the list in question shows that fourteen of the forty-eight males who were measured were slightly above that height. I would add, that on a visit paid to North Andaman, about two years ago—by Colonel Cadell, V.C., the present Chief Commissioner—an *.âkâ-.châ·riàr-* was seen whose height was estimated at about 5 feet 8 inches; but this must be regarded as very remarkable and exceptional, for the tallest specimen of the race, that had till then been met with, was a chief standing 5 feet 4¼ inches.

142 6. In consequence of their early marriages, the cares of maternity and the nature of the duties which devolve upon them, the women soon lose the graceful figures which many of them possess in their youth, and they often, in their maturer years, become so obese as to be objects of wonder to Europeans.[1]

147 **Anatomy and Physiology.**—1. With the view of forming some idea of the average temperature and rates of pulse and respiration per minute, five youths, fair representatives of the race, were examined, with the following results:—

No.	Age.	Temperature under the axilla.*	Rate per minute		Remarks.
			of pulse.	of respiration.	
1	22	96·9	56	19	The subjects were at rest and in the shade, and had not eaten for several hours previously.
2	20	97·8	62	22	
3	18	97·6	64	24	* The bulb was left undisturbed for five minutes.
4	16	97·8	64	21	
5	17	98·3	74	20	

142 **Colour.**—1. Their skin is naturally smooth, and greasy to the touch, and there is little or no hair or down over the surface,[2] and, with regard to its colour, by the aid of reflected light it has been found that not only are there several shades of colour among this race, ranging between bronze or dark copper colour, sooty, and black, but also that in individuals the complexion of the face and body are different. The distinctions are, however, so slight as to be unnoticed by the people themselves.

2. The results of careful observation go to prove that these

[1] Surgeon Brander, in the paper referred to in the preceding footnote, remarks, that "this condition, I should think, is induced partly by the absence of any proper abdominal support during pregnancy, and is partly due to the distension their stomachs habitually undergo after food."

[2] Even under the axilla it is rarely found, and then only very scantily, but a certain amount of tufted hair is not wanting about the genitals.

2:Man G-5 (1869-1880)1932 AZ2 Andamans AZ2

261 cannot apparently abstain from food without inconvenience for more than eight hours at a time.

271 [415] 3. When exerting themselves in any way they perspire freely, which may account for their inordinate thirst. So great, indeed, is their inability to endure any privation in respect to drink, that they seldom leave home on the shortest expedition, whether by land or sea, without providing themselves with one or more bamboo vessels, called *gōb-*, containing a supply of fresh water.

513 4. Loss of sleep they can bear well only when under the influence of strong excitement, as in turtle hunting, or at festive gatherings, where singing and dancing are kept up for many successive hours;[1] they have even been known to spend forty-eight hours at such times without taking any rest.

151 5. What little cool weather there is in the latitude of their islands, during December and January, they dislike extremely; in striking evidence of this they are found, as I will elsewhere mention,[2] unconsciously concurring with the great Italian poet in depicting the region of punishment, for the souls of the wicked, as one of intense cold. After this, it will appear somewhat strange to say that, in spite of their aversion to what they consider cold weather—which never registers less than 69° F. 302 on the highest elevation in South Andaman—they are careful, during the hot season, to avoid any lengthened exposure to the direct rays of the sun, and endeavour to lessen the discomfort caused by the heat by smearing their persons with a white-wash of common white clay and water.[3] It has long been erroneously believed that they have recourse to this expedient in order to allay the inconvenience which they would otherwise suffer from the bites of mosquitoes and other jungle pests; but the true reason for the practice is, I am well assured, that which I have above given, for the various insects which might annoy them are, for the most part, kept away by the smoke of the hut fire, beside which a great portion of their time is spent when at rest, or when engaged in any sedentary occupation.

●147 6. The voices of the men are usually clear without being deep, while those of the women, especially when raised, are very shrill.

142 7. The mucous membrane of the mouth is stained with pigment to a greater degree than was found to be the case with such of the natives of India as were compared with them.

8. The general excellence of the teeth strikes one as remark-

[1] *Vide post* "Games and Amusements," paragraph 32.

[2] *Vide post* "Religious Beliefs, &c.," paragraph 25.

[3] I would here draw attention to the fact, that while the object in smearing themselves with *ōg-* wash is to keep themselves as cool as possible, they often daub their bodies with *kōi'ōb-* after sundown for the opposite reason, *i.e.*, for the sake of warmth.

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141 following account thereof may serve to draw attention to it. It is to be found in 15 volumes, copies of which are deposited at the India Office, the Home Department Library in Calcutta, and the British Museum. Volumes 10, 11, 14 and 15 contain anthropometric measurements, and medical details of 200 Andamanese: thus—volume 10 of 50 South Andaman males, volume 11 of 50 South Andaman females, volume 14 of 50 North Andaman males, and volume 15 of 50 North Andaman females.

The remaining volumes are plantinotype photographs with explanatory letterpress of Andamanese. Volumes 1 and 2 typical heads: volume 3, heads, full face and profile: volume 4, adze and bow-making: volumes 5 and 6, bow and arrow-making: volume 7, rope-making and hut-building: volume 8, eating and drinking, packing and carrying bundles, utensils, attitudes, torch-making, greeting: volume 9, painting, tatooing, counting: volume 12, full length, full face and profile, view of males: volume 13, of females.

141 The following table summarises the results of this elaborate enquiry for general information:—

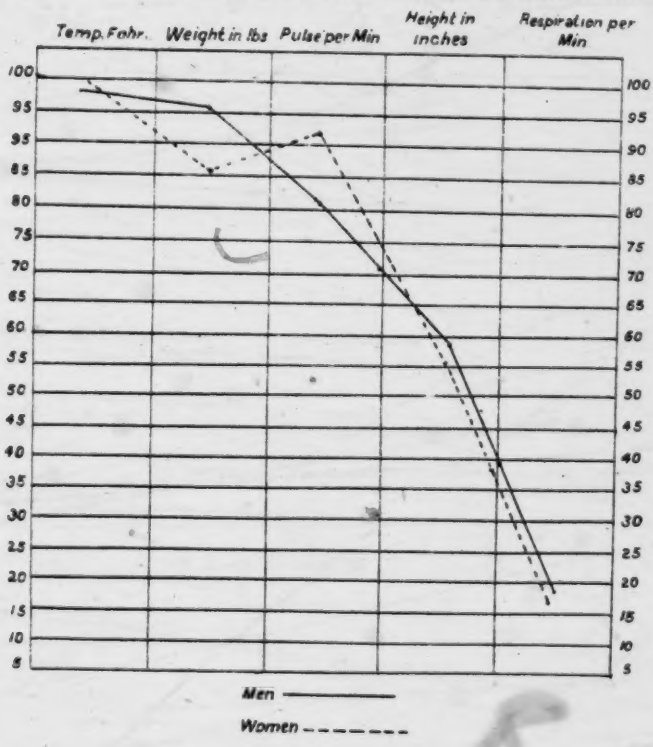
147

Andamanese Averages.

	Height in inches.	Temperature Fahr.	Pulse beats per minute.	Respiration per minute.	Weight in lbs.	
Men . . .	58½	99°	82	19	96 lbs. 10 oz.	
Women . .	54	99°·5	93	18	87 lbs.	

and the accompanying diagram will show the relative physical qualities of the sexes of the adult Andamanese:—

RELATIVE PHYSICAL QUALITIES OF THE SEXES AMONG THE ANDAMANESE



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141 **Man's Enquiries.**—In addition to Portman's and Molesworth's measurements there are those taken by Man some 25 years ago of 48 men and 41 women, which give the following average results of much interest :—

Average weight of 40 and body and limb measurements of 48 Andamanese males.

1.	Weight	98·12 lbs.
2.	Height	58·73 inches.
3.	Size round head	21·00 "
4.	" " neck	12·30 "
5.	" " chest	27·94 "
6.	" " waist	27·08 "
7.	" " buttocks	31·98 "
8.	" " thigh	18·36 "
9.	" " calf	12·09 "
10.	" " ankle	7·19 "
11.	" " biceps	10·60 "
12.	" " arm	9·59 "
13.	" " forearm	9·05 "
14.	" " wrist	5·53 "
15.	Length of spine	17·44 "
16.	" of arm and hand	24·64 "
17.	" from shoulder to elbow	12·47 "
18.	" from shoulder to wrist	21·98 "
19.	" from ankle to knee	15·65 "
20.	" from ankle to hip	30·66 "
21.	" of foot	9·29 "

Average weight of 37 and average body and limb measurements of 41 Andamanese females.

1.	Weight	94·08 lbs.
2.	Height	55·40 inches.
3.	Size round head	19·96 "
4.	" " neck	10·86 "
5.	" " chest	28·84 "
6.	" " waist	27·23 "
7.	" " buttocks	33·32 "
8.	" " thigh	19·33 "
9.	" " calf	11·88 "
10.	" " ankle	7·14 "
11.	" " biceps	9·96 "
12.	" " arm	9·50 "
13.	" " forearm	8·41 "
14.	" " wrist	5·35 "
15.	Length of spine	16·58 "
16.	" of arm and hand	25·53 "
17.	" from shoulder to elbow	11·80 "
18.	" from shoulder to wrist	20·80 "
19.	" from ankle to knee	15·06 "
20.	" from ankle to hip	30·32 "
21.	" of foot	8·29 "

●147 **High Temperature.**—The high bodily temperature may be an indication of the low vitality characteristic of the race. The cause is obscure, unless it is to be traced to their largely carbonaceous diet or to saturation with malaria producing a condition of masked fever. It has been observed that they do not feel themselves to be otherwise than quite well when the temperature is over 100° Fahr., and that that condition does not affect their appearance or actions.

Breathing.—In view of the experiments made in European countries and the United States as to the relative breathing of the sexes, it is of interest that the breathing of both sexes among the Andamanese is abdominal or upper abdominal, the women showing scarcely any indication of their breathing, though the men show it well.

In the healthy younger Andamanese the breath is sweet and there is no distinctive smell from the body when clean, though they perspire freely. The older people with decayed teeth and tissues, have foul smelling breath and bodies, partly due to a mild form of scurvy, caused by absence of vegetable food at certain times of the year.

145 582 **Age.**—The Andamanese male matures at about 15, attains full growth at about 18, and marries at about 26, he begins to "age" at about 40 and lives on

145 582 to about 60 to 65, if he reaches "old age." Except as to marriage at an earlier age, about 18, these figures apply fairly to the women also, who, however, live somewhat longer than the men, retaining in old age both health and mental faculties.

163 [853] **Reproduction.**—The marriages are infructuous, though barrenness is uncommon, a couple rarely producing families of even moderate size and many none at all. The child-bearing age is from 16 to 35; weaning is much delayed.

291 147 **Endurance.**—Left to themselves the Andamanese go stark naked and with head uncovered, except that the women wear, as clothing and not ornament, one or more leaves in front and a bunch of leaves tied round the waist behind, or a tassel of leaves all round. Jarawas, however, of both sexes have been seen entirely naked. They dislike and fear cold, but not heat, though they avoid exposure to the sun; and being accustomed to gratify every sensation as it arises, they endure thirst, hunger, want of sleep, fatigue and bodily discomfort badly. Want of sleep, such as occurs at their dances for occasionally as much as four days and nights, exhausts them greatly. A man's load is 40 lbs. and his distance 15 miles for a day or two only. After that he will rest, whatever the urgency. [482]

252 262 **Food.**—The food consists of fish, pork, turtle, iguana, "wild cat" (*paradoxurus sp.*), shell-fish, turtle eggs, certain larvæ, and a great variety of fruit, seeds, roots, and honey, and is plentiful both by sea and land. They never starve, though they are habitually heavy eaters. The food is always cooked and commonly eaten very hot. As much as possible of an animal is eaten and the Andamanese, like most hunters, have found out the dietary value of tripe. The Andamanese are expert cooks and adept at preparing delicacies from parts of animals and fish.

142 **Skin.**—The skin, which is smooth, greasy and satiny, varies in colour from an intense sheeny black to a reddish brown on the unexposed parts and also on the collar bones, cheeks and other prominences of the body. Its general appearance has been likened to a "black-leaded stove." The scalp, the lips and nostrils are black, and there are black patches on the palate. The soles of the feet are brownish yellow. The Bojigngiji Group (South Andaman) are the darkest, and among the Onges parts of the face are a light reddish-brown. The Jarawas are distinctly fairer than the rest, the general colour being a deep reddish brown. Leucoderma occurs on the fingers and lips.

Hair.—The hair varies from a sooty black to dark and light brown, yellowish brown and red. The general appearance of it is sooty black or yellowish brown. Except on the head the hair is scanty, but not absent: on the head it grows in small rings, which give it the appearance of growing in tufts, though it is really closely and evenly distributed over the whole scalp. Limited baldness is unknown, but temporary general baldness after disease occurs with a weak growth of the hair afterwards. The hair is not shaved, except on the head and eyebrows, and each tribe has, with many fantastic individual variants, its own method of wearing it. It turns grey at about 40, but white hair is not common. [302] [145]

Shaving is "woman's work" and was performed by small flakes of quartz, but nowadays flakes from the kicks of glass bottles are substituted. It is effective and close, but a painful operation on an European's face, as I proved by personal experience many years ago.

Bodily Parts.—The mouth is large, the palate hard and highly arched, the lips well formed. The hands and feet are small and well made. The ears are small and well shaped, the eyes are generally dark to a very dark brown, bright, liquid and clear, but prominent with slightly elevated outer angles and become dulled with age. The teeth, in the young, except amongst the Onges, are white, good and on the whole free from disease. Those of the Onges are irregular and discoloured. As age advances the teeth generally lose their whiteness and become worn, but without much caries. The teeth are roughly used without any care whatever. Dentition is early.

164 **Diseases.**—The muscular strength of the Andamanese is great, but their vitality is nevertheless low, and the apparently robust quickly die after sickening

and an irritable temper indicating a nervous temperament, are by no means rare. The natural good looks of many of the people are injured by the habit of shaving and smearing themselves with greasy red and white pigments. 142

The pleasing appearance of the men is not a characteristic of the women, whose habits of completely shaving the head and profusely smearing themselves, with an early tendency to stoutness and ungainliness of figure and sometimes to pronounced prognathism, frequently make them unattractive objects to Europeans. They are, however, bright and merry even into old age and are under no special social restrictions, have a good deal of influence, and in old age are often much respected. They nevertheless readily and naturally acquiesce in a position of subordination, slavery and drudgery to the men, and are apt to herd together in parties of their own sex. Variation from type is much commoner among the men than the women. 142 562

III. Mental Characteristics.

Sense Development.—The nerve development of the Andamanese is low, pain is not severely felt and wounds quickly heal. The sense development is normal and instances of unusual acuteness observed are the result of personal training in certain directions and not of heredity, *e.g.*, they will recognise one of themselves at a great distance, but not an unaccustomed object such as a European: they can smell a fire or hear the sound of dancing also at a great distance, but this is because they are always on the look-out for these things and their discernment is a matter of habit and of much consequence to themselves. They can, in short, do well such things as they pay particular or habitual attention to. 147 151

The Andamanese are naturally far sighted, and any near sight observed will be found to be due to leucoma or other disease. In respect to sight, however, they are not more highly gifted than civilized mankind. The colour sense is hardly developed at all and they are what would be called in Europe colour-blind to most colours. Black, white and red are distinguished, but green and blue are not. This is due apparently to want of observation only, as they distinguish between white paint and the white European skin. A good deal of blindness was caused by imported epidemic ophthalmia in 1877. Hearing is not abnormally acute, but is highly trained in matters pertaining to jungle craft. Touch seems to be undeveloped. The sense of smell is highly developed in matters necessary to their existence, but they have no appreciation of artificial scent or of that of flowers which do not denote food, nor can they distinguish by smell that which they cannot see unless it be an object of food. Taste is strongly developed as to honey, distinguishing that deposited from different flowers. They care nothing for scenery and do not decorate themselves with flowers. 151 [164]

Character.—In childhood the Andamanese are possessed of a bright intelligence, which, however, soon reaches its climax and the adult may be compared in this respect with the civilised child of ten or twelve. He has never had any sort of agriculture, nor until the English taught him the use of dogs did he ever domesticate any kind of animal or bird, nor did he teach himself to turn turtle or to use hook and line in fishing. He cannot count and all his ideas are hazy, inaccurate and ill-defined. He has never developed unaided any idea of drawing or making a tally or record for any purpose, but he readily understands a sketch or plan when shown him. He soon becomes mentally tired and is apt to break down physically under mental training. 181

He retains throughout life the main characteristics of the child: of very short but strong memory, suspicious of but hospitable to strangers, ungrateful, imitative and watchful of his companions and neighbours, vain and under the spur of vanity industrious and persevering, teachable up to a quickly reached limit, fond of undefined games and practical jokes, too happy and careless to be affected in temperament by his superstitions, too careless indeed to store water even for a voyage, plucky but not courageous, reckless only from ignorance or inappreciation of danger, selfish but not without generosity, chivalry or a sense of honour, petulant, hasty of temper, entirely irresponsible and childish in action in his wrath and equally quick to forget, affectionate, lively in his movements and exceedingly taking in his moments of good temper. At these times the Andamanese are gentle and pleasant to each other, considerate to the aged, the

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now follow them, often ignoring their original significance and symbolism. Among the Onge, spirits are feared but not loved ; the same applies to God Himself.

The Onge bury their dead in trenches, no deeper than three feet. Earth is tightly packed over the graves in order to prevent exhalations. Full details on the subject of Onge burial customs appear in the book that I am writing about the Onge. I slept with the Onge in communal huts that contained fresh graves, without suffering any inconvenience from the smell of the corpses. This recalls the palaeolithic sepulchral caves, where man probably lived as the Onge live in their sepulchral huts today.

There are no latrines near Onge camps – whether permanent or temporary. Excrements are spread carelessly all around, lightly covered with leaves and earth. Flies lay eggs on them. The Onge's only precaution is not to defecate where drinking water might be found after rainfall. With so many opportunities for reproduction, in some places flies form such clouds as to impress the natives themselves. In the north of Little Andaman a creek was named after the flies : Bumila Creek, which means "fly creek". Smells also occasionally inspire geographical names : Tambe-é-bùie, on the north-east coast of Little Andaman, means "the smelly place" in the Onge language. Flies, fleas and ticks are tolerated by the Onge who do not fight them. Fortunately, the hymenoptera collect flies for their nests, not, however, in quantities large enough to compete with the fertility of the species.

2. Clothing and personal care

The only garment worn by Little Andaman women is the *naquinēghē*, a scanty grasslike apron covering the genitals. In addition, during menstrual periods, Onge women wear the *bataghē*, for hygienic purposes. This is a simple cluster of long, soft green leaves cut by the husband for his wife from special trees : Myristica longifolia and others. The only leaves used are those from the end of a stalk, a section of which is left attached to the leaves. The stalk is slipped under the *naquinēghē*, while the long leaves are passed between the thighs to be fastened at the back above the buttocks. It is curious to see Onge women in such myristical attire ! The *bataghē* is ethnographical news, new not only as regards the Andamans : it is an interesting indication of the hygienic measures employed by primitive people, and can probably be traced to prehistoric practices in analogous circumstances. The continental and insular regions nearest to the Andamans have retained no similar custom ; their only practice is the strict isolation of menstruating women. Among the Onge, on the other hand, they are allowed free circulation. Washing is unknown to the Onge : they never wash their bodies intentionally. Brushing through the thick forest and diving into the sea or the river to collect food substitute adequately for washing. The Little Andaman forest is nearly always dripping ; moving among the trees, specially in the early morning, is equivalent to bathing. The contact of wet leaves when walking cleans the Onge's skin, for they go naked ; and as they constantly dive into the sea and rivers, they do not smell. Actually they give an impression of cleanliness – as opposed to many other dark-skinned

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people. Furthermore, the Onge skin is very soft and more elastic than is usual in human beings. For us, clothed and with a less resilient skin, a trip through the thorny Andaman forest means many small, bleeding scratches. Not so for the naked Onge. – To cover them with clothes would endanger their health. Nakedness inures them to the sudden changes of temperature so frequent in Little Andaman and preserves them from catching cold when sleeping, uncovered, on their rough, unprotected bed of boughs. As with primitives all over the world, clothes make them miserable and, I may add, very ungainly and dirty.

Part of their general negligence with regard to hygiene is their carelessness about their teeth. They never clean them. They do keep bamboo sticks, 1 mm thick and 8 cms long, tucked into their hair to be ostensibly used as toothpicks ; but the sticks, to tell the truth, are more of an ornament than a tool. The Onge's teeth are so compact and sound that there is no space between them for food particles to collect. No caries or decay of any sort are to be noticed. In a number of skeletons that I dug up from under the beds in communal huts, the teeth gave evidence of one peculiarity : old people had worn them down to the root. The Onge habit of using teeth as working instruments, to prepare fibre for ropes and in many other circumstances – apart from their permanent chewing on hard foodstuffs – explains this fact.

As a consequence of never washing, the natives' hands are sometimes extremely dirty. The Onge themselves are conscious of this. I shall give an instance. It so happened that I arrived in Nachugé, on the west coast, toward the end of March, when the sea was teeming with migrating sardines. In Little Andaman sardines can weigh up to a pound ; but a normal catch, obtained with small hand-nets cast from canoes among shoals of fish imprisoned by the low tide within the coral reef that surrounds the island, contains specimens of every dimension. All are eaten as soon as possible. The quantity of fish brought back to the camps on such occasions puts all inmates to work and induces everybody to abandon all other occupations for the time being. In the low tidal waters the men push their canoes from rock to rock, using them as receptacles for the abundant food so easily collected. In some "pockets" nets prove unnecessary : the fish is gathered in handfuls and rapidly thrown into the canoes. The hecatomb ends when the canoes are filled to the gunwales. In no other part of the world have I seen food made available to primitive people in such large quantities and with so little effort.

Back at the camp, the sardines are "graded" according to size and cooked immediately. They are not washed or cleaned, the inner organs are eaten together with the flesh. Men, women and children feverishly take part in the cooking ; the fish is boiled without salt. All the natives then plunge their hands avidly into the heap of sardines. From time to time the women clean their hands by rubbing them on the *naqniuĕghĕ*. Very soon this garment becomes extremely smelly. Men and children clean their hands in a different way : by rubbing them on the dogs. On such occasions, everything and everybody smells of fish for days and days. The first to become clean again are the dogs, because they hate to be smeared with fish and wash themselves in the sea as soon as they have a chance.

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3. Food

In the absence of men, women also are good at fishing inside the coral reefs. They do this with two small nets used together. Their catch generally consists of brilliantly coloured fish with yellow, red, green, blue, black and white stripes forming varied and attractive designs. The Onge eat all fish without discrimination. My Indian collaborators, on the other hand, considered the coloured fish dangerous to their health and refused to cook them ; the Sacred Vedas, in fact, advise the avoidance of brigthly hued fish and of fish without scales. I wanted to try both kinds, and found them perfectly palatable, tasty and harmless.

No tool, used for any purpose by the Onge, ever gets a cleaning. Cleanliness, I repeat, is unknown in Little Andaman. See how food is prepared and disposed of ! Care is taken only not to throw big pieces of meat intended for cooking directly on the bare ground ; but once it is cooked, food is treated with the utmost disregard for dirt, dust, cobwebs and other such things. It is usually left lying around on large leaves spread out for the purpose. The remains of the Onge's orgiastic meals are kept out of reach of the dogs on the ceiling of the huts, to be covered with flies when no fire is lit directly below. Sand and grit may get wedged annoyingly in the teeth, but not such impalpable things as dust or cobwebs. The use of unclean food is not repugnant to the Onge. The same can be said for water polluted by dogs drinking and bathing in it, or by the presence of putrefying carcases. In the west of Little Andaman I saw some Onge avidly drinking from pools of a blackish water with a revolting sulphurous smell. After thoroughly filtering and boiling it, I too used such water, for it was the only water available in the neighborhood. This caused no ill effects. My Indian men considered it perfectly healthy and invigorating, and drank it safely in its natural condition.

The Onge eat with their unwashed fingers, without the help of tools. On rare occasions they use platters made of the flattened-out stems – or bracts – of *areca* palms. They sometimes carry these platters when travelling, but of course never wash them although they become coated in rancid, greasy filth. They soon assume a dark colour and a truly revolting appearance – aside from the awful smell. A. R. RADCLIFFE-BROWN's statement – that the Andamanese paint their bodies to neutralize the unpleasant smell of food that clings to them after their orgiastic feedings – shows only indirect knowledge of the life and manners of those people. Even the horrible flatulence that follows their pork orgies is not considered an inconvenience ; yet it is much more revolting than all the other body odours.

Although the Onge observe few hygienic precautions they do follow a number of medical practices, not all devoid of beneficial effects. Here are a few more remarks on their eating and drinking habits. For about six months of the year, between November and April, water is scarce in Little Andaman. Every kind of fresh water is then considered good by the Onge, regardless of whether it is a murky infusion of rotting leaves or afloat with the putrefied

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312 271 [196] [415] [516] 231 carcases of small animals. During the droughts, marine hermit crabs, of which a profusion is found in Little Andaman even far from the sea-shore, often choose to die in fresh-water pools. They are not removed from the pools. A nautilus shell is sometimes used as a drinking vessel; failing this, the Onge lap up the water like animals, on all fours, directly from the pool. Since they are very fond of dogs, man and dog drink together from the same tiny pool, often holding no more than a few pints of water. Dogs reached Great Andaman as early as 1857; they came to Little Andaman much later. Before that time there were no dogs in the Andamanese Archipelago. They soon became the natives' cherished and much appreciated assistants in the hunting of wild pigs. Many unhygienic habits followed the appearance of dogs in the Andamans.

271 [47] 123 The Onge have no idea of boiling water for the purpose of disinfection; nevertheless their health does not appear to suffer at all as a result of the polluted water they drink. When, in 1952, I dug a well near the left bank of Dugong Creek on the north-east coast of Little Andaman, I was compelled to fence it in so as to prevent dogs from drinking it and bathing in it.

264 [291] [136] Dogs lick everything that smells of food, including the cooking pots, and the pots are not washed before use after the dogs have licked them. Swarms of flies of different species and small coleoptera of a brilliant blue colour, one of them 6 mms long, follow the dogs after they have "cleaned" the pots by licking them. They line the inside of the pots with a crawling, living coat, moving restlessly around in search of food. One species of fly, which is of a brilliant, metallic green colour, has a peculiarly disagreeable smell. All the flies lay eggs while feeding, but the eggs are soon devoured by the hovering bluish coleoptera. Thus in a few hours all traces of organic matter disappear from the pots. Subsequent exposure to fire undoubtedly destroys the germs that would otherwise be certainly dangerous to human beings.

415 177 [323] The Onge no longer use indigenous pottery for cooking. Its disappearance is recent, as the sherds that litter Little Andaman prove to the investigator. Excavation in modern kitchen-middens leads to the same conclusion. During the last war, quantities of empty petrol drums were washed up on the Andaman shores. They were found in such numbers that the Onge have not yet used them all up: after 1952 I found several of these containers abandoned, untouched, in the jungle. The primitive inhabitants sawed each container in two cylindrical halves, thus transforming them into cooking pots. The result was that within a few years the fragile ancestral pottery of the Onge disappeared altogether. Furthermore, aluminium pots were distributed among the natives after 1952. Probably the indigenous pottery will never again reappear.

[252] 262 [231] Each half of a petrol drum is large enough to contain a pig, or a turtle weighing 150 lbs, cut into pieces. Only the flesh of these animals is consumed by the Onge; the nourishing broth is poured out onto the ground or left in the pot to be lapped up by the dogs. The Onge believe that broth is unhealthy and avoid drinking it.

251 [185] No matter how prodigious the catch of sardines or other fish, unobtainable at other times of the year, no attempt is made at storing part of it in view of future shortage. The Onge are unacquainted with methods for preserv-

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ing edible matter ; furthermore, they don't care to take the trouble as food is generally plentiful. We must also realize that they find salt repulsive. Even honey – so easily kept for many months – is disposed of, if possible, on the very same day it is collected. Incredible quantities of this or other food may be consumed for days and nights on end until everything disappears. Very few of the islanders care to vary their meat diet with an occasional diet of vegetables in order to disintoxicate the system ; yet nourishing yams and other roots grow wild and plentiful. They are so rich in carbohydrates that I preferred them to potatoes and rice. I may add that the Onge, on my request, brought me yams and roots that they were glad to barter with rice, tea and sugar – soon declared by their wise men to possess medicinal properties.

The Onge's stomach, intestines and general physiological equilibrium suffer from lack of salt and such bad nutritional habits as those described. They damage the human body, together with unrestrained sexual activity.

One highly unhygienic custom of the Onge is the use, all over Little Andaman, of peculiar sucking-sticks. These pass from mouth to mouth during the frequent meat or honey orgies indulged in by the natives.

When boiling pork or turtle, a quantity of liquid fat floats on the surface of the broth. Though the Onge despise the broth, they don't like to waste the fat. So they devised an efficient solution : they suck the fat up by means of a wad of absorbent matter obtained by chewing the end of a fibrous stick selected among many species of trees in the forest. The end of the stick is chewed along a section of 5 cms, the remaining part – about 25 cms long and 2 cms thick – is used as a handle to prevent the fingers from burning.

In every Onge camp sucking-sticks are permanently in evidence owing to the inmates' frequent ingestion of liquid fat or honey. A second version of the sucking-stick consists in a narrow, cotton-like strip, up to 80 cms long, with only a small part of the original wood remaining. This serves as a handle for dipping the stick into a wooden barrel full of honey. In both instances the same tool passes for hours from mouth to mouth : from older people to greedy children, anxious to suck the coveted delicacy off the stick that has been dipped into the pot. The rapid spreading of epidemics, which often occur in the Andamans, is certainly encouraged by the use of these sucking-sticks. I found no reference to this practice in books on the Andaman Islands.

Everything they eat, particularly meat, the Onge consider as either remedial or harmful. They are therefore chary of accepting proffered food if it is unknown to them. When I brought 30 Onge to Port Blair to introduce them to Dr. RAJENDRA PRASAD, President of the Indian Republic, they were troublesome about food. In Port Blair it was not as easy as in Little Andaman to procure whole pigs ; sometimes only pieces were available. The Andamanese Forest Department was quickly informed of the difficulty and kindly supplied the desired animals. In moments of shortage I tried to give the Onge cooked lamb, goat, chicken and pigeons ; they resolutely refused them as unhealthy. Birds are never eaten by the Onge, who consider them shelters for human souls

6: Cipriani E-5 (1951-1953)1961 AZ2 Andamans AZ2
Onge

Endogamous life, or the habit of never washing even the female genital organs, cannot be the only cause of Andamanese sterility. Alcohol and venereal diseases such as syphilis may only be a complementary cause. The Onge's limited fertility probably derives from other factors besides their protracted and inceasingly strict endogamy.

We can only remark that Onge women rarely become pregnant before 28 ; their fertility ceases around the age of 48. The high rate of sterility among Onge women after marriage (which generally takes place at the age of 14) is puzzling indeed. Of several childless couples that I studied in Little Andaman, the woman was under 28. There is hope of fertility after that age. It could so happen, for instance, in the case of two young Onge chiefs, Okkeggi and Chendubai, married to two sisters among the most beautiful and flourishing girls on the island : Ooaghēghē and Tocooaghēghē, both around 20. They never became pregnant, although menstruation was normal and they had plenty of sexual intercourse, even extra-marital.

The delayed appearance of fertility in Andamanese women is probably connected with a general biological condition fostered by unhygienic habits. For instance : young Onge females have a high vagina acidity content that is certainly harmful to spermatozoa. It decreases with age, facilitating, we may suppose, fecundation. Vaginal washing would help, but the Onge women never recur to it. But this is only one side of the question. It is evidently urgent to do whatever is necessary to save the Onge from extinction. We must remember that civilized nations, through international agreements, are anxious to protect plant and animal species from disappearance. The same should be done for man, and equivalent international laws are needed. The Onge as a human group are on the verge of extinction ; but they still retain enough vitality to be rescued before they finally vanish into eternity.

Without enlarging here on the disorders of Onge sexual life and their dire effects also on the number of births, I wish to point out one more fact : Onge homosexuality as a normal occurrence. It is a plague in Little Andaman, helped by the regular physiological functions of both extremities of the digestive tube. The sexual tendencies that prevail in Little Andaman are a strong criticism of FREUD's theories on sexual life, but I will not discuss this here. I would rather say a few words about some opinions regarding the cause of Onge sterility that I heard expressed in the Andamans. Foreigners there ascribe it to the *naquinēghē* – the grass-like apron worn by women. Colonists believe that this garment leads to copulation from the rear, reducing the chances of fecundation. This idea is incorrect : the Onge never do this because the *naquinēghē* can be easily lifted as required, and pulled up over the abdomen. It is true that Onge women remove the *naquinēghē* only to replace it with a fresh one ; they wear it even when sleeping. Not for a single instant must women remain "undressed", for superstitious reasons. When a new *naquinēghē* is needed, the old one is furtively disposed of. Husband and wife repair secretely to a remote part of the forest, the woman slipping the new garment over her head before removing the old one, and burying the latter, which is quickly destroyed by white ants. The Onge believe that possession by a stranger of a worn

11: Cipriani E-3 (1951-1955) 1966 AZ2 Andamans AZ2
Onges

softness of their skin. They have what must be among the darkest skins in the world, and in certain lights some individuals have a bluish tinge, which I have never seen in any other region. Something similar seems to have existed among the now extinct Tasmans, although they differed markedly from the Andamanese in other respects. The Onges are the only Andamanese who are not invariably intensely black, and the bluish type is rare among them. This might be attributable to contact with the nearby Nicobars, where a yellowish skin is common, in conjunction with Mongoloid features. I saw no traces, however, of such admixture; the Arioto show some sign of recent Burmese influence, but any ethnic influences on the Onges and Jarawas must have been extremely ancient, indeed before their arrival in the archipelago. In the south and south-west of Little Andaman I did find individuals markedly taller than the rest (though still small), but it is clear that outwardly at least the Onges and Jarawas still retain most of their unique somatic characteristics, which have remained unchanged for thousands of years.

The Andamanese skin is very smooth in texture, and lacks the odour characteristic of many of the African peoples. This would appear to depend on the chemical composition of the sweat, as the Andamanese never intentionally wash, although brushing against the sodden vegetation, and frequent immersion while collecting shellfish, or fishing, in some measure compensates. Curiously enough their sweat does seem to repel the local ticks, which drive Europeans mad; again, it was interesting that the Indians and Burmese of my party were variously affected by them.

Their skin is also extraordinarily elastic – I noticed that in the forest I scratched myself continually at the slightest touch against thorns or branches, whereas the Onges invariably emerged quite unscathed at the end of the trek. Their greater agility of movement will undoubtedly have been part of the answer, but it would be impossible to avoid any scratches, as they do, unless their skin 'gave' to an abnormal degree.

Another effect of this elasticity is that the women suffer no disfiguration of the skin over the abdomen after childbirth, and neither sex becomes wrinkled to any noticeable extent with age. This distinguishes them clearly from peoples with whom they have been compared – such as the Bushmen, who (possibly in part due

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and the 'peppercorn' hair (disposed in tufts with bare areas) do indeed recall the Bushmen, but superficial resemblances are not enough to classify the two peoples as at all closely related. There is an important difference between the two in the structure and cross-section of the hair. Hairs from the Onges which were examined in Calcutta were remarkably uniform, indicating the racial purity of the people, unlike those of the Arioto, which showed considerable variation in cross-section, from the almost circular straight hair of the Mongoloid type, to the flattened, almost remiform hair of the original Negritos.

Different, too, is the shape of the head; I have never seen in the Negritos the typical Bushmen head, with the prominent occiput, and I saw no Andamanese with the pseudo-mongoloid appearance of the eyes which occurs in Bushmen.

The hands and feet are also different. Among the Kung women of the northern Kalahari in particular I saw delicate hands with very long metacarpals and a very small thumb, the elongated metacarpals displacing the thumb towards the wrist. None of the Negritos appear to have anything resembling this; their hands are always rather broad. Moreover, the feet of the male Onges are nearly always flat while those of the women tend to turn in, recalling the small peoples of Indonesia and New Guinea, but not the Bushmen.

An interesting though not congenital abnormality in the Andamanese results from the carrying of weights slung from the head from too early an age. Loads are always carried on their backs by a rope made of bark, the weight being taken on the forehead. The rope presses on the head in the region of the bregma and creates the so-called bregmatic furrow. This is more marked in females, as the women normally do most of the carrying. Even the children travel on their parents' backs, hanging like parcels, until the age of five or six when they are old enough to follow the group on their own.

The Abor, a mongoloid people of small stature in the mountains of North-West Assam, carry loads in the same way, but with no resulting head furrow. The Andamanese have softer cranial bones, and the result of load-bearing is therefore clearly visible. As it occurs in both sexes, it is often hard if not impossible to determine sex from skulls if the pelvis is absent. The long bones are not of

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142 147 482 much assistance in this respect, as the muscular insertions are exaggerated in both sexes, both being subjected to continued physical effort resulting in muscular bulk.

142 147 164 [304] [515] One quite outstanding physical feature in the Onges is their teeth. The palate is unusually arched, unlike that of the African pygmies or the Bushmen. The teeth, which are never filed or cut, as many primitive peoples do for decorative purposes, are very white; caries is rare, and although never cleaned the teeth are retained till late in life. A common abnormality is that the lateral incisors are as pointed as the canines. This, with the whiteness of the teeth and eyes against the blackness of the skin, gives the Onges a sinister appearance, which may account for the old description of the Andamanese as men with ferocious dogs' heads. The only 142 515 (summary) cleaning the Onge teeth receive is the use of toothpicks, thinner and rather longer than the European variety and made from the tough, flexible bark of a certain reed. After use, they are carefully thrust into the hair for future occasions. Every Onge has one or more threaded through the hair on top of the head.

142 147 [264] [514] The strength of the Onge teeth enables their owners to champ their way through what are for us inconceivable quantities of food, both animal and vegetable, which is chewed slowly and determinedly, dust, earth, sand and all, and then swallowed without apparent ill effects, other than the flatulence arising from overconsumption of animal matter. But the Onges use their teeth for other purposes besides eating. In time the teeth become worn down by the inevitable grinding of dirt and grit, but this does not prevent the Onges from continuing to chew the bark of trees and cords, which is a lifelong occupation. This duty falls mainly on the women, and I have seen aged women, their teeth worn almost to the gums, doggedly chewing bark as their contribution to the communal life of the group. The strength of the teeth is unbelievable – I have seen children of ten to fifteen years crush nails up to two millimetres thick, and dent lumps of iron.

114 123 142 147 [37] I myself once had good cause to be grateful for their power. My party and I found ourselves stranded in the forest on South Brother without guns or even knives, and without cooking utensils. There were large clutches of turtle eggs buried in the sand nearby and my two Onge companions pointed out a coconut tree loaded with nuts (which turned out to be the only one on the islands, seeded

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from a nut carried by the sea from some tree hundreds of miles away). There was thus ample food for several days, if only the coconuts could be opened. The Onges' teeth solved the problem. They attacked the nuts close to the stalk, stripping off great chunks of the fibrous outer covering until they had uncovered the three 'eyes'. These they dug out with a sharp piece of stick, so that we were able to drink the juice and then break up the nuts to get at the flesh. Never did coconuts taste so good!

Round the base of the tree I saw a thick layer of broken pieces of coconut, the remains of nuts opened by the Onges' teeth over the years. The strength of their bite resembles that of the African pygmies, whom I have seen hanging by their teeth from the lianas and who can dent the barrel of a gun.

The average life span of the Onges, and indeed of the Andamanese in general, is fairly short. On Little Andaman there are probably no individuals over the age of sixty, and most die before fifty. Here again they differ from African peoples of similar stature; Bushmen have been known to live to a hundred, and I saw one in Natal, incredibly wrinkled, but not shrunken, who was certainly near that age if not, as he claimed, over it. This is quite unknown in the Andamanese. There are none with white hair; although a few white hairs can sometimes be found on the head of an old woman, there are none to be seen in the men, who die younger than the women. There is no baldness, which is by no means rare in Negroes, particularly in southern Africa.

Precise age is not easy to determine in the Onges. Visual assessment is hampered by the absence of the signs of ageing common in Europeans. Moreover, a particularly child-like expression often lasts into adult life. In May 1952 I saw on Car Nicobar two Jarawa youths, small but robust, whose age by our standards one would have estimated at ten or twelve years. One turned out to be fourteen, however, and the other at least two years older, and both were adolescent, despite their childish appearance.

Males appear to reach their maximum height at about eighteen, and females at about sixteen; both sexes reach full maturity at about twenty-three. At forty-five they are old: their hard life, their unbalanced diet, with its enormous quantities of fat meat eaten in excess, and complete absence of salt, and their unrestrained sexual activity, may all be contributing factors. The slightly greater age

145 The slightly greater age
163 reached by the women may possibly be explained by their some-
146 what less arduous life physically, but biological factors may be the root cause. Despite their deceptively youthful appearance the menopause is over by the age of thirty-eight, at the latest, and they remain in good health thereafter, looking amazingly young. The oldest man I saw was Enagaghe, the head of one of the groups, and he could not have been more than fifty-five. He happily accompanied me on long and arduous trips into the forest, and climbed trees like a squirrel after honey and fruit; neither his appetite nor his zeal as a lover were impaired. His stomach managed to cope with something like a kilo a day of meat, skin and fat, plus fruit, boiled roots and honey. In a hot, damp, oppressive climate like that of the Andamans such a diet year after year cannot fail to produce a state of chronic intestinal poisoning likely to affect the organism as a whole, and may contribute to shorten life, despite an apparent physical vigour.

141 Connected, perhaps, with their excesses is the fact that the Onges'
● 149 normal body temperature is much higher than usual; with a temperature reading of thirty-eight degrees centigrade they are in good health, with unimpaired appetite. I found an average temperature of thirty-seven point five degrees centigrade in males of various ages, the younger men tending to give the higher readings. The average in females was slightly higher than in males. I was able to observe for myself completely normal behaviour in Onges who by European standards would have been regarded as severely febrile.
[146] In part, as I have said, this may be due to diet and absence of salt, but it must certainly be regarded at least in part as a racial characteristic. It may, too, have some effect on their low vitality; it is interesting that temperatures in the Bushmen and pygmies of Africa, with their longer expectation of life, never vary far from the European norm.

164 These abnormally high temperatures are not a symptom of
[149] malaria. This is clinically unknown in the Andamanese although it is a serious menace to outsiders. Even a few hours on the island can lead to infection if precautions are not taken. I made all the men with me take their tablets regularly, even when propaganda in India against immunization as a Western importation led to objections, so that I had to force the tablets into their mouths myself to ensure that they were swallowed.

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The Onges do not seem to require any preventive measures, and seem naturally immune to malaria. They do, however, transmit the disease to strangers, through the mosquitoes which are everywhere in Little Andaman. Like many other inhabitants of tropical areas, they probably all carry the disease without being affected by it – neither children nor adults show any sign of splenic enlargement.

In contrast to their periodic gorging, the Onges will equally cheerfully endure hunger, thirst and exhaustion. During our hazardous canoe trip to South Brother, however, they appeared much more affected than I was by long exposure to the sun. We were completely without any means of shelter for an entire afternoon in the open sea, and though the Onges tried to cover their heads as best they could, they still developed severe (and genuine) headaches, and were clearly much happier in the dark forest, which must be considered their natural environment.

Nothing has hitherto been known of the intelligence level and general psychology of the Onges. The childishness of their behaviour, however, is curiously in keeping with their strikingly child-like appearance. Like children, they seek only the satisfaction of elementary stimuli, and like children they pass in a flash from one mood to another, so that they are a people of sudden contrasts.

One example is their passionate love for their dogs, in marked contrast to the intense cruelty with which they hunt their prey. Having once realized the usefulness of dogs, first imported into the islands some thirty years ago, the Onges now pet them like little girls with their dolls, and the Onge women will suckle the family puppies quite naturally with their own children. Yet once a dog dies the other side of the Onge nature comes to the fore and the carcase is thrown into the forest – there is no looking back.

Their minds are in a sense inventive, in that they have evolved devices to help them acquire their food, but they have never, for example, thought of the fish-hook, despite the abundance of iron pieces thrown up by shipwrecks all round the islands. Anything new is taken up with a child's momentary enthusiasm, but they have no notion of sustained mental effort such as any form of counting.

Like children, too, the Onges laugh at the slightest thing, although their mirth is always restrained. In this they differ from the African peoples, particularly the Bushmen, who are often by

142
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● [147]

14 In spite of their size, the Andaman islanders are capable of carrying enormous weights

15 A temporary shelter in the forest

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[facing P. 66, J]